

"THE FISHERMEN FAMILY CONNECTION" NEWSLETTER



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UPCOMING EVENTS

**See Flyers for More Details*

Independence Day
Saturday July 4th, 2026



Policy Council
Wednesday, July 15 @ 5:30 pm

Join us via ZOOM for our Monthly Policy Council Meeting. Anyone can attend to hear what is happening here at The Order of the Fishermen Ministry Head Start.

COR Period 4
May 18th–July 31 2026

teachers will complete and finalize child observations and ratings to measure progress from the beginning of the year through year-end. Stay tuned for your child's results.



REMINDERS

Dear Early Head Start Families,

Summer is in full swing, and we are so excited to welcome another month of learning, laughter, and outdoor adventures! July is the perfect time for children to explore, play, discover, and create wonderful memories. Thank you for partnering with us as we continue to nurture curious minds and happy hearts every day.

As the temperatures rise, let's work together to keep our little ones safe in the summer sun!

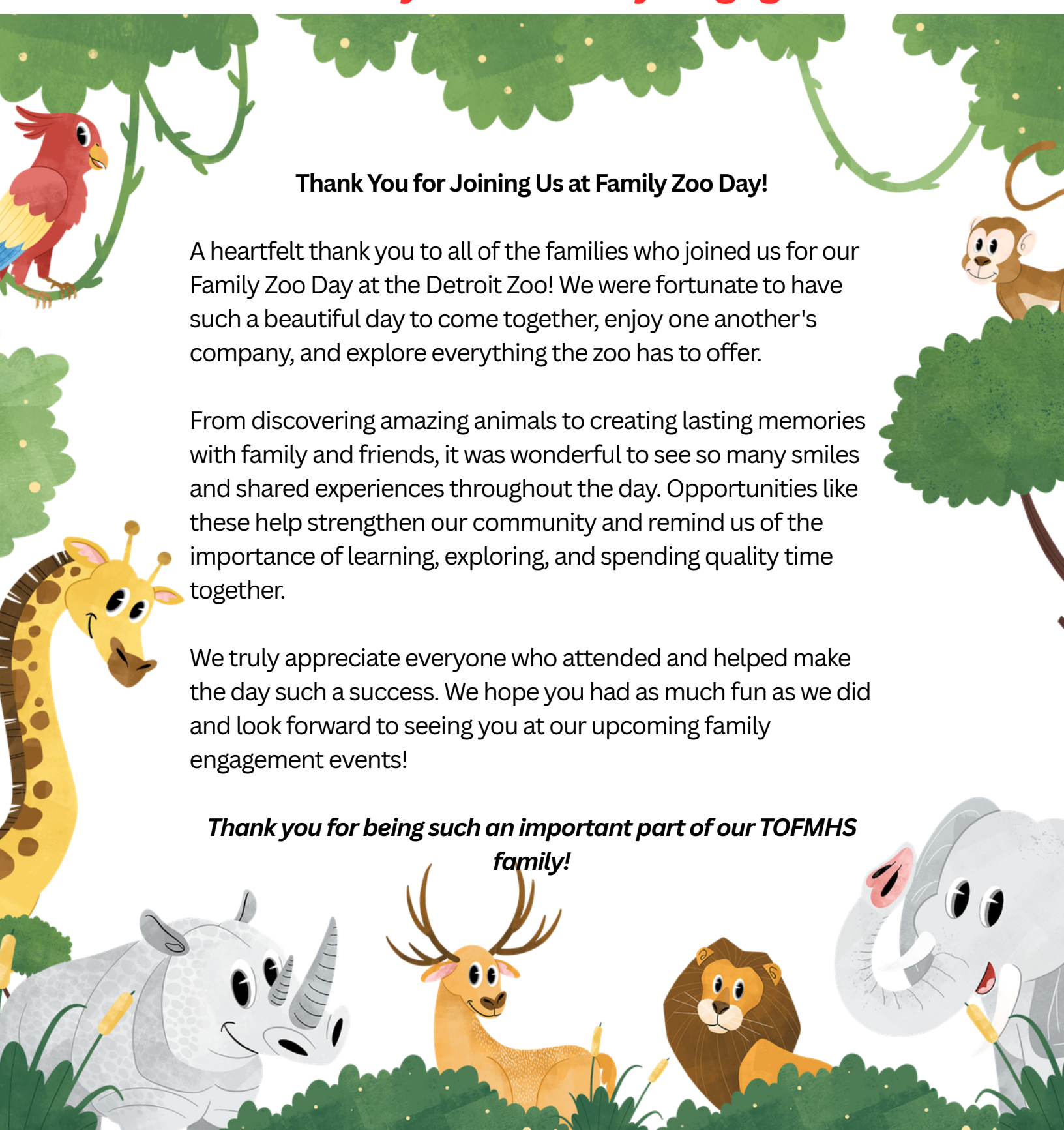
Summer Safety Reminders

- Apply child-safe sunscreen before your child comes to school.
- Dress your child in lightweight, cool clothing and comfortable shoes.
- Send a sun hat to help protect little faces from the sunshine.
- Encourage your child to drink plenty of water to stay hydrated.
- Let us know if your child has any special health needs related to the heat.

This month, let's celebrate sunshine, smiles, new discoveries, and the joy of learning together! Thank you for being such an important part of our Early Head Start family. We wish you a July filled with fun, laughter, and special moments with those you love.

With appreciation,
Tameka Dwyer
Executive Director

Parent Family Community Engagement



Thank You for Joining Us at Family Zoo Day!

A heartfelt thank you to all of the families who joined us for our Family Zoo Day at the Detroit Zoo! We were fortunate to have such a beautiful day to come together, enjoy one another's company, and explore everything the zoo has to offer.

From discovering amazing animals to creating lasting memories with family and friends, it was wonderful to see so many smiles and shared experiences throughout the day. Opportunities like these help strengthen our community and remind us of the importance of learning, exploring, and spending quality time together.

We truly appreciate everyone who attended and helped make the day such a success. We hope you had as much fun as we did and look forward to seeing you at our upcoming family engagement events!

Thank you for being such an important part of our TOFMHS family!



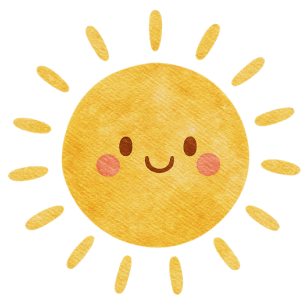
FAMILY DAY

AT THE ZOO





HEALTH AND NUTRITION



Sun Safety for the Whole Family

Summer is the perfect time to enjoy the outdoors! Help keep your family safe in the sun by following these simple tips:

- Apply a broad-spectrum sunscreen with SPF 30 or higher before going outside and reapply every two hours or after swimming.
- Dress children in lightweight clothing, wide-brimmed hats, and sunglasses that provide UV protection.
- Seek shade whenever possible, especially between 10:00 a.m. and 4:00 p.m., when the sun's rays are strongest.
- Encourage everyone to drink plenty of water throughout the day to stay hydrated.
- Never leave children or pets unattended in a parked vehicle—even for a minute.



A little sun safety goes a long way toward keeping your family healthy all summer long!



Healthy Summer Snacks Kids Will Love

Healthy snacks help children stay energized for summer fun! Try these simple, nutritious ideas:

- Fresh berries with low-fat yogurt
- Watermelon, cantaloupe, or other seasonal fruit
- Cucumber, bell pepper, or carrot sticks with hummus
- Cheese cubes with whole-grain crackers
- Banana slices with sunflower seed butter (check for allergies)
- Homemade fruit and yogurt popsicles
- Cold water with sliced strawberries, oranges, or cucumber for a refreshing twist



Let your child help wash fruit, stir ingredients, or choose healthy snacks. When children are involved, they're often more excited to try new foods!



A Message from ERSEA Manager-

As we prepare for another exciting program year, our Team is excited to welcome both returning and new families to the TOFM Head Start family!

Re-enrollment is happening now! If your child is returning, please complete your re-enrollment appointment and submit any outstanding enrollment documents as soon as possible. Be sure to watch your email and phone for updates from your Family Advocate regarding your next steps for the upcoming program year.

Now Enrolling! Know a family with an infant, toddler, or an expecting parent? Refer them to TOFM Early Head Start! Help us spread the word so more families can benefit from our high-quality early learning and family support services.

Attendance Matters!

Regular attendance helps children build routines, strengthen relationships, and get the most out of their Early Head Start experience. If your child will be absent, please notify your Family Advocate or your child's absence as soon as possible so we can continue to support your family's needs.

Thank you for partnering with us. We look forward to another wonderful year of learning, growth, and success with your family!

Marcia Randle





POLICY COUNCIL MEETING

"Your Voice. Your Child. Your Leadership."

WEDNESDAY JULY 15TH, 2026

AT 5:30 PM

BY ZOOM

Meeting Focus

- ✓ Program Updates
- ✓ Budget & Policy Review
- ✓ Parent Voice & Discussion
- ✓ Program Decisions



You are part of the leadership team that guides our program forward.

JOIN US!!!

Meeting ID: 817 9745 5202

Passcode: 652824